

# April – May - June

2010

## Fitness in the Square - Sundays

### Class Schedule

| April  |  | May  |    | June  |  |
|--|--|--|----|---|--|
|  |  | 2<br>8AM & 9Am- Weight Watchers Walks<br>9AM – Lucy – Family Fitness<br>10AM- Lucy - Hooping   |    |   |  |
|  |  | 9<br>Mothers Day<br>8AM & 9Am- Weight Watchers Walks<br>9AM – Club Sport PiYo for the Family<br>10AM Barre   | 7  | 6<br>8AM & 9Am- Weight Watchers Walks<br>Weight Watchers Fit Family Walk<br><br>No Classes  |  |
| 11<br>8AM & 9Am- Weight Watchers Walks<br>9AM – Children’s Fitness Foundation<br>10AM – Barefoot Sanctuary |  | 16<br>9AM – Children’s Fitness Foundation<br>10AM – Zumba with Annie   | 14 | 13<br>8:30 Lucy Running Club Launch<br>8AM & 9Am- Weight Watchers Walks ?<br>9AM – Children’s Fitness Foundation<br>10AM – Zumba with Annie |  |
| 18<br>8AM & 9Am- Weight Watchers Walks<br>9AM – Club Sport – Super Hero Day!<br>10AM- Zumba with Annie     |  | 23<br>8AM & 9Am- Weight Watchers Walks<br>9AM – Club Sport – Sports Conditioning Day<br>10AM- Zumba with Annie<br>11AM Children’s Fitness Foundation | 19 | 20<br>8:30 Lucy Running Club<br>8AM & 9Am- Weight Watchers Walks?<br>9AM – Club Sport Summer Morning<br>Fun –Picnic Games<br>10AM- Barre    |  |
| 25<br>8AM & 9Am- Weight Watchers Walks<br>9AM Club Sport – The Amazing Race<br>10AM – Barre                |  | 30<br>8AM & 9Am- Weight Watchers Walks<br>9AM –Coach Nic Kids Class<br>10AM – Barefoot Sanctuary   | 26 | 27<br>8:30 Lucy Running Club<br>8AM & 9Am- Weight Watchers Walks?<br>9AM –Coach Nic Kids Class<br>10AM – Barefoot Sanctuary                 |  |
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