

April – May - June

2010

Fitness in the Square - Sundays

Class Schedule

April		May		June	
		2 8AM & 9Am- Weight Watchers Walks 9AM – Lucy – Family Fitness 10AM- Lucy - Hooping			
		9 Mothers Day 8AM & 9Am- Weight Watchers Walks 9AM – Club Sport PiYo for the Family 10AM Barre	7	6 8AM & 9Am- Weight Watchers Walks Weight Watchers Fit Family Walk No Classes	
11 8AM & 9Am- Weight Watchers Walks 9AM – Children’s Fitness Foundation 10AM – Barefoot Sanctuary		16 9AM – Children’s Fitness Foundation 10AM – Zumba with Annie	14	13 8:30 Lucy Running Club Launch 8AM & 9Am- Weight Watchers Walks ? 9AM – Children’s Fitness Foundation 10AM – Zumba with Annie	
18 8AM & 9Am- Weight Watchers Walks 9AM – Club Sport – Super Hero Day! 10AM- Zumba with Annie		23 8AM & 9Am- Weight Watchers Walks 9AM – Club Sport – Sports Conditioning Day 10AM- Zumba with Annie 11AM Children’s Fitness Foundation	19	20 8:30 Lucy Running Club 8AM & 9Am- Weight Watchers Walks? 9AM – Club Sport Summer Morning Fun –Picnic Games 10AM- Barre	
25 8AM & 9Am- Weight Watchers Walks 9AM Club Sport – The Amazing Race 10AM – Barre		30 8AM & 9Am- Weight Watchers Walks 9AM –Coach Nic Kids Class 10AM – Barefoot Sanctuary	26	27 8:30 Lucy Running Club 8AM & 9Am- Weight Watchers Walks? 9AM –Coach Nic Kids Class 10AM – Barefoot Sanctuary	